

## CREATE A GROCERY GAME PLAN

## WEEKLY CALENDAR

|           | SUN | MON | TUE | WED | THU | FRI | SAT |
|-----------|-----|-----|-----|-----|-----|-----|-----|
| BREAKFAST |     |     |     |     |     |     |     |
| LUNCH     |     |     |     |     |     |     |     |
| DINNER    |     |     |     |     |     |     |     |
| SNACKS    |     |     |     |     |     |     |     |
|           |     |     |     |     |     |     |     |
| NOTES:    |     |     |     |     |     |     | :   |
|           |     |     |     |     |     |     | :   |
|           |     |     |     |     |     |     | :   |
|           |     |     |     |     |     |     |     |